

**CHS provides on-going and as-needed  
BEHAVIORAL HEALTH SUPPORT services  
through**

- Employee Assistance Programs (EAP)
- Problem identification and assessment
- Emergency preparedness and response
- Treatment and case management
- Longitudinal (periodic) screening and assessments
- Organizational development
- Training and education
  - Customized workshops and training
  - Classroom and on-line health promotion and wellness education

*Leadership and development*

*Anger management*

*Stress reduction*

*Cultural competence*

*Post Traumatic Stress Disorder (PTSD) and*

*Acute Traumatic Stress (ATS)*

*Suicide awareness and prevention*

*Substance abuse*

*Workplace violence*

*Compassion fatigue*

*...and more.*

**CHS provides effective  
BEHAVIORAL HEALTH SUPPORT through  
an integrated network of professionals**

- National Provider Network
  - Fully credentialed
  - Interdisciplinary
  - Specialty training and expertise (PTSD, traumatic stress, disaster response)
- Mobile Teams
  - Onsite response ability
  - Call center capability



## About CHS

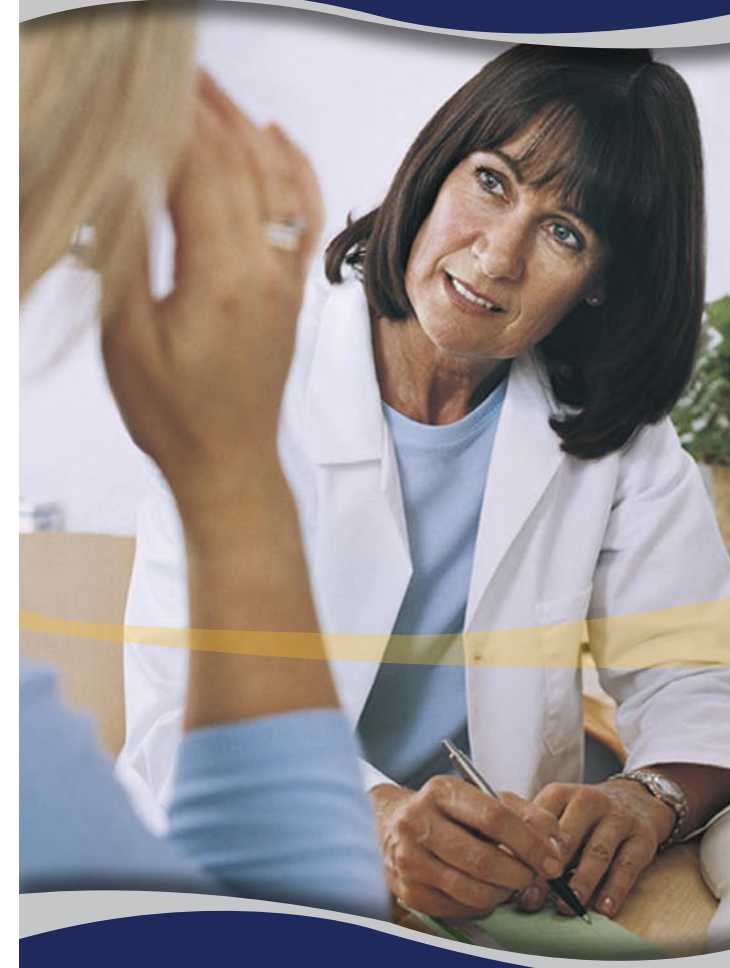
Founded in 1975, CHS is the industry's trusted provider of onsite health centers and national examination programs. Major corporations and government agencies look to CHS for workforce health and productivity management solutions including onsite primary care, occupational health and pharmacy services, as well as nationwide medical surveillance, pre-placement and fitness-for-duty exams. CHS' onsite health centers provide a range of treatment and prevention programs focused on acute and chronic health conditions. CHS tailors health care delivery to employers' overarching benefits strategies and supports each organization with integrated health information systems. CHS can also deploy medical readiness teams to respond to employers' health care needs on an emergency basis.

# CHS

Comprehensive  
Health Services

For more information, contact  
[behavioralhealth@chsmmedical.com](mailto:behavioralhealth@chsmmedical.com)  
or visit [www.chsmmedical.com](http://www.chsmmedical.com)

# Behavioral Health



**A spectrum of services to maintain  
a healthy and productive workforce  
and to respond effectively to crises**

# CHS

Comprehensive  
Health Services

## Behavioral Health issues directly impact organizational performance. Are you prepared?



Workplace crises result from events that cause significant distress among staff. These include:

- Serious injury, accident or death of a coworker
- Suicide
- Heart attack or serious illness of a coworker
- Workplace violence
- Harassment
- Downsizing
- Natural disaster
- National events such as terror incidents

No organization is immune from all possibilities.

**Fact:** *It does not take a large-scale, highly publicized event to create significant disruption in our lives or in the organization.*

### CHS Can Help You Prepare

As a leading national workforce health care provider, CHS can help merge your preventive health, wellness, occupational health, EAP and crisis preparation efforts into a single, comprehensive program.

### Comprehensive Acute Traumatic Stress Management (CATSM)

CATSM offers a three-phase approach:

1. Planning prior to the event
2. Engagement during the event
3. Disengagement after the event

CATSM equips an organization to address a potential crisis by empowering staff with practical information, Behavioral Health education and dynamic training, *before* an event.

Pre-incident planning and training of employees, supervisors, managers and leaders prepare staff to increase awareness, observe/identify and normalize. When an incident occurs, this foundation of knowledge addresses emergent psychological needs, keeps people functioning and mitigates long-term emotional suffering. A crisis plan aids in rapid recovery, reduces post-incident down time and lessens the emotional impact—individually and organizationally.

**Fact:** *Miscommunications can—and do—have complex and powerful consequences in the workplace. Sorting out behavioral information after an event takes time and energy away from business objectives, costs money and de-motivates talented people.*



### CHS' Approaches Are Cutting-Edge

Traditionally, Mental Health was viewed as the treatment after the event. Today, Behavioral Health is a spectrum of services ranging from organizational analysis to training to response and treatment designed to maintain a healthy and productive workforce.

CHS' Organizational Assessment and Development program identifies issues that limit success, defines leadership styles and their attributes, and provides strategies to increase productivity and the ability to work collaboratively while minimizing conflict and utilizing strengths within an organization.

CHS offers multiple tools, including Comprehensive Mental Health Screenings, Longitudinal (Ongoing) Health Assessments and Customized Screening Assessments, that can identify emerging issues early on and support timely prevention and intervention.

An effective, integrated Behavioral Health program builds trusting relationships that are especially valuable in preventing or responding to crises.